

T1D SUPPORT GROUP:

Becoming You, Not Your Diabetes



Stop Fighting the Sugar Wars.

Are you overwhelmed with the relentless demands of diabetes? Has it taken over your identity? Do you feel alone in your struggle, like no one understands?

COME AND CONNECT with other T1Ds who get what you're going through. Learn how to think about your T1D differently and get the support to become who you want to be.

Facilitator: Cassady Kintner, L.M.F.T.A

Dates: Thursdays, August 20 - October 15, 2015
(except for September 17)

Time: 6:00 - 7:30p.m.

Location: UW Diabetes Care Center - 3rd Floor
4245 Roosevelt Way NE, Seattle

**SPACE IS LIMITED,
PLEASE FILL OUT A SIGNUP SLIP (in the exam room wall rack) or
EMAIL leejhill@uw.edu TO REGISTER.**

Please Note: There will be a waiting list for future groups.